

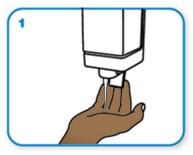
the ENTIRE



while you wash your hands! (at least 20 seconds is needed to wash well!)



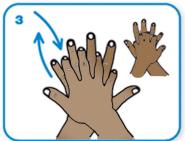
Wet hands with water



apply enough soap to cover all hand surfaces.

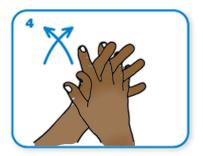


Rub hands palm to palm

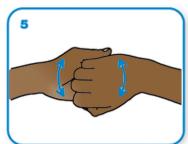


song

right palm over left dorsum with interlaced fingers and vice versa



palm to palm with fingers interlaced



backs of fingers to opposing palms with fingers interlocked



rotational rubbing of left thumb clasped in right palm and vice versa



rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa.



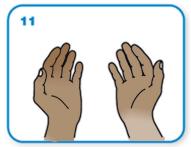
Rinse hands with water



dry thoroughly with a single use towel



use towel to turn off faucet



...and your hands are safe.

Soap washes off oily layers on viruses and kills them!